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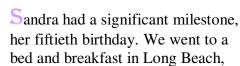
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Dear



Time to sit back and check out another December, remember old friends, and make some new ones. It's been a year like all of them, filled with challenge and opportunity, chuckles and consternation. Just the same, it's been a good one!



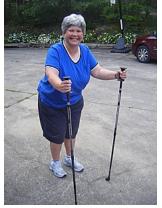






Washington for a very nice three day stay. Then a few weeks later she walked into what she thought was a prayer meeting and everyone shouted "Surprise!"

Everybody needs this at least once in their life.



We're continually trying to upgrade our diet and conquer our health challenges. This year was no exception. You may remember that towards the end of 2011 we flew down to Mexico and I had the rest of my teeth out. The year began with me definitely in recovery, feeling the effects as my body not only healed but continued dumping toxins bound up in all the years of inflammation. Got a few creaky joints but there's no question.

the years of inflammation. Got a few creaky joints but there's no question I'm gaining ground.



In the spring Sandra asked whether we could try a week at a Hallelujah Acres' Lifestyle Retreat and it sounded good to me. So in June we took Shayne and flew to Lake Lure, North Carolina, for an amazing week of recipes and relaxation. We got to try lots of new things and had a week of eating really healthy food and walking and exercising



and all the goodies. And by the way, that really healthy food tasted really good!





In July I flew back to Mexico to have a permanent denture made. It was a wonderful week for me, mostly resting and using the hotel facilities

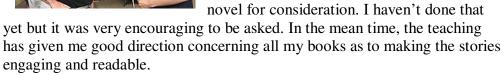


including steam room and sauna. Tourism has suffered with the

current unrest in Tijuana and many days I pretty much had the pool and hot tub to myself. Food was still excellent, especially the Mexican brunch I got to have in the morning. They did an outstanding job on the denture too, making the trip a total success!



Come August, Joshua Goodwin and I went to the Oregon Christian Writers conference in Turner, Oregon. That was another time of challenge and opportunity. One of the publishers asked me to submit my second novel for consideration. I haven't done that













For Labor Day we hosted the group Sandra went to college with in







Eugene and got to meet and interact with some very special people. Besides trying out some of our recipes from North Carolina it was just totally fun to have that many folks over at once.

Sat down and started revamping my website. Had one built last year which was nice but not totally satisfying. The fellow who built it took what I wrote, did his own editing and additions, and by the time it was packaged and presented it didn't feel like my work at

and additions, and by the time it was packaged and presented it didn't feel like my work at all. So I've been re-doing everything although I haven't got all the details of an SQL server figured out yet. Check it out: www.garyindofor.com



In November I had my sixtieth birthday. Much lower key than Sandra's although I did have a (smaller) surprise party too. Totally satisfying, although I'm still not sure I've really grasped (or gasped?) that I'm sixty.

Shayne went from Portland Bible College back to Ashland, then wound up with a job in the Portland area. So a few weeks back I drove down and picked him up. It's been nice having him again and he's made a lot



of progress since our last encounter. A regular job has been a big step and we're trying to give all the encouragement we can. He'd like to get back into the Bible college and we're very supportive of the idea.

Well, that brings us up to December and me sitting here writing another letter. Stop in if you get up this way, we'd love to hear from you.

Cheers.